

# ENTRY FORM

PLEASE TICK APPROPRIATE BLOCK:

MALE       FEMALE

COSMO CITY RESIDENT:     YES       NO

COSMO CITY ATHLETICS CLUB MEMBER?     YES       NO

SURNAME: .....

FIRST NAMES: .....

CLUB/SCHOOL IN FULL: .....

DATE OF BIRTH: ..... (CCYY / MM / DD)      AGE: .....

ID/PASSPORT NUMBER: .....

CELLPHONE NUMBER: .....

EMAIL ADDRESS: .....

I declare that I agree to abide by the rules of the event. I will participate in the race at my own risk and hereby indemnify the national and provincial bodies; sponsors and organizers of the race against any action or claim of whatsoever nature, which may result out of my participation in the event.

.....  
SIGNATURE OF ENTRANT      DATE      SIGNATURE OF PARENT/  
GUARDIAN IF UNDER 18

SCHOOL GOING KIDS FEE      FREE     

5KM ENTRY FEE      R10     

DONATION      R     

TOTAL     

# COSMO CITY ATHLETICS CLUB PRESENTS THE INAUGURAL



VENUE: Cosmo Mall (Cnr. Malibongwe and Dawn) | DATE: 9<sup>th</sup>  
August 2016 | TIME: 08:00 (5 km) | Enquiries: Sally 011 070 7909

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## GENERAL INFORMATION

- Refreshments stations every 1km
- Medical assistance available
- Food and beverages on sale
- Tog bag area
- Toilets available
- Secure parking in the mall's premises for free
- Cut off time is three (3) hours

Closing date:  
31<sup>st</sup> July 2016

### ENTRIES CAN BE DONE AT:

- Cosmo Mall - 26 Malibongwe Drive and Dawn Road Cosmo City, information stand
- Online - <http://www.cosmocityfunrun.co.za/>

## COSMO CITY ATHLETICS CLUB

The club was founded on the 1<sup>st</sup> May 2012 by Vhangani Siliga and Mulingoni Ramuthivheli. They were motivated by a need to have a formal structure within the neighbourhood in which they lived that allowed them to exercise their passion for long distance running.

Specific goals that the club wants to achieve.

- Obtain support from community structures such as the municipality, other sports clubs.
- Organise fun races in Cosmo City to create awareness about the club
- Secure funding - in order to obtain racing gear and assist members to compete in races.
- Attend all major races in South Africa
- Open an office and hire an administrator who will be responsible for the co-ordination of activities and club communication.

## RACE RULES

- The event is held under the rules of ASA and CGA.
- Athletes indemnify the national, provincial and regional bodies; sponsors and organizers of the race against any or all actions of whatsoever nature, whatever the same may arise out of their participation in the race.
- All runners participate at their own risk. Athletes must be medically fit to participate and supply the name and contact number of their next of kin.
- 5km: Minimum age is 9 years.
- No animals/pets allowed.
- All instructions from traffic and race officials must be obeyed at all times.
- Only those who have completed all the information required in the race entry/number are eligible for prizes. No refunds/exchanges.
- The race organizer retains the right to refuse entry and eject persons under the influence of drugs or alcohol, who are disorderly, or engage in inappropriate behaviour, vandalism or evade race procedures.
- Athletes who participate without buying a race entry will be disqualified, will not be entitled to any benefits associated with the race and will be liable for a double entry fee charge.
- Any objection must be lodged within 30 minutes prior or after prize-giving in writing to the chief referee accompanied by R50.00 fee which is refundable if the appeal is upheld.
- Littering is prohibited at the venue and along the race route before; during and after the event.

